

the **Y** VALDOSTA-LOWNDES COUNTY FAMILY YMCA
SWIM LESSONS

2011 SWIM LESSON SCHEDULE

**Sign ups are for one week sessions.
 Monday - Thursday & Weekends
 Make up classes on Friday**

***25 Meter Pool is HEATED**

Cost: Parent/Child

\$40 Members
 \$50 Non-members

Cost: Private & Weekend

\$55 Members
 \$65 Non-members

Discounts:

\$5 discount for additional student
 \$5 discount for additional session

Group Classes Available:

(Based on Interest)
 \$40 Member \$50 Non Member



Private Classes

*Ages 3 yrs & up
 30 Minute Sessions*

Mornings: May 30 - July 29

9:05, 9:40, 10:15, 11:25

Afternoons: May 9 - Aug 26

4:00, 4:35, 5:10, 6:20

Parent/Child Classes

*Ages 6 months through 3 yrs
 30 Minute Sessions*

May 30 - July 29

10:45 am & 5:45 pm

Weekend Classes

*Ages 3 yrs & up
 40 Minute Sessions*

Fri, Sat & Sun: April 1 - Aug 29

1:00 pm, 1:45 pm,

2:30 pm, 3:15 pm.

**For more information contact Doug Griner at
 (229) 244 - 4646 or
dgriner@valdostaymca.com**



Financial Assistance Available
 Assistance with program fees is available for
 deserving people in all YMCA programs. Contact
 the Y for more information & an application.

Valdosta-Lowndes County Family YMCA

2424 Gornto Rd. • Valdosta, GA 31602

Phone: (229) 244-4646

www.valdostaymca.org



SWIM LESSONS

FOR YOUTH DEVELOPMENT FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

Weeks of Swim Lessons

Private, Parent/Child Classes

May 9 - 12
May 16 - 19
May 23 - 26
May 30 - June 2
June 6 - 9
June 13 - 16
June 20 - 23
June 27 - 30
July 5 - 8
July 11 - 14
July 18 - 21
July 25 - 28
Aug 1 - 4
Aug 8 - 11
Aug 15 - 18
Aug 22 - 25

Weekend Private Classes

April 1 - 3
April 8 - 10
April 15 - 17
April 22 - 24
April 29 - May 1
May 6 - 8
May 13 - 15
June 3 - 5
June 10 - 12
June 17 - 19
June 24 - 26
July 8 - 10
July 15 - 17
July 22 - 24
July 29 - 31
Aug 5 - 7
Aug 9 - 21
Aug 26 - 28