

TEAM LEAN WEEK 1 CHALLENGE



1/7-1/13

New Year New You!

Attend at least 3 Group X classes this week for extra points.
Once you have completed the challenge, see a YMCA staff member
to log your bonus points!

Date _____ Class Attended _____ Staff _____

Date _____ Class Attended _____ Staff _____

Date _____ Class Attended _____ Staff _____

Participant _____

Team/Individual _____

