



POOLHOURS

Beginning September 6th

• LAP SWIM

Monday - Friday

6:30am - 9:00am

11:00am - 7:30pm

• OPEN SWIM

Monday

9:00am - 4:00pm

(25m Pool)

Tuesday - Friday

11:00am - 4:00pm

(25m Pool)

Saturday

10:00am - 3:00pm

(25m Pool)

• Check Out Our Other Great Aquatics Programs!



**SWIM LESSONS
FOR ALL AGES!**

VYST

Valdosta YMCA

Swim Team

Practice Starts at 5PM

