



Dear Counselor-In-Training Applicant,

The Valdosta-Lowndes County Family YMCA offers a unique opportunity for teens to give back to their YMCA and learn leadership skills by training to be a YMCA Camp Counselor. Included in this packet is an application and CIT Code of Conduct.

Purpose

The purpose of our CIT program is to provide participants with unique training in how to use effective leadership skills throughout their lives and specifically in the camp setting.

Qualifications

Teens ages 13-15 that have the desire and stamina to work with youth in a day camp setting, are interested in gaining leadership skills, can be a team player, resourceful, pleasant, cheerful, friendly, fun, cooperative, flexible, thoughtful and love being around kids are encouraged to apply. Prior YMCA camping experience is not required. Being a CIT requires energy, maturity, and the ability to be an exceptional role model.

Selection Process

Complete and submit the attached application and Code of Conduct to the YMCA. Applications are due by May 25th, 2022. Space is very limited, and selection is not guaranteed. Interviews will be scheduled on a first come, first served basis. Incomplete or illegible applications will not be considered.

Role of a CIT

The program is designed to allow participants to learn about leadership and about themselves. Most of the time CIT's will enjoy applying their leadership skills with an assigned group in the YMCA Summer Day Camp, with the help of the staff of their assigned group. There will be a time each week when all the CIT's will have their own group activities.

Evaluation Process

At the end of the camp, participants will receive verbal and written feedback. At that time participants will also have to opportunity to add their own comments to the evaluation.

Thank you,

Mia Clark

YMCA Child Care Manager
Valdosta-Lowndes County YMCA
(229) 244-4646 or mclark@valdostaymca.com



**2022 Counselor in Training
Application
Valdosta-Lowndes County
Family YMCA**

Office Use Only

Date Received: _____
Call for Interview: _____ By: _____
Interview Date: _____ Time: _____
Accepted: _____ Notified: _____

Personal Information

Name: _____ Age: _____ Birth date: _____

Address:

_____ Street _____ City _____ Zip _____

Phone Number: _____ Email: _____

School: _____ Grade in Fall: _____

Are you related to anyone working for the YMCA? ___ No ___ Yes If so, who? _____

Volunteer/Work Experience

1. Organization: _____ Position: _____ Year: _____

Responsibilities: _____

2. Organization: _____ Position: _____ Year: _____

Responsibilities: _____

3. Organization: _____ Position: _____ Year: _____

Responsibilities: _____

References

List three current references (do not include relatives):

Name How do you know him/her? Home Phone Work Phone

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Name How do you know him/her? Home Phone Work Phone

Camp Experience

Have you ever been a YMCA Camper? _____

Camp(s): _____ Years: _____

Have you attended other camps as a camper? _____

Camp: _____ Years: _____

Camp: _____ Years: _____

Camp: _____ Years: _____

Camp Skills: Please put a "T" on the line if it is an area you could help teach at camp
Please put an "L" on the line if it is an area you would like to learn more about at camp

___ Skateboarding

___ Rock Climbing

___ Belaying

___ Rollerblading, Skating

___ Large Group Games

___ Small Group Games

___ Aquatic Safety

___ Life Guarding

___ Horseback Riding

___ Gymnastics

___ Golf

___ Tennis

___ Soccer

___ Crafts

___ Story Telling

___ Song Leading

___ Hiking

___ Ropes Course

___ Bowling

___ Music (instrument: _____)

Certifications, Clubs, Interests and Training: *Please list all current certifications, training, special skills, groups, clubs, sports or activities you have participated in.*

Questions: *These questions are used to help us make an informed decision that you are someone special we want motivating and influencing young campers. Please list your answers below or use an additional sheet of paper if necessary.*

1. Why are you interested in becoming a CIT with the Valdosta YMCA?

2. What do you hope to gain from your experience?

3. What experience do you have working with youth ages 5-11?

4. Explain what you think the difference is between being a camper and being a Counselor in Training.

5. What role has the YMCA played in your life?

6. We can only select a limited number of applicants to be a CIT. Why should we choose you?

7. What is your favorite camp or camp experience memory?

Counselor-In-Training Commitment Statement: If chosen as a CIT, I will commit to understanding the requirements and responsibilities of being a good camp counselor. I will commit to being at camp every day of the CIT session, as well as meeting with and being honest with my Group Counselors, Camp Leaders and Camp Director. I understand that being a CIT is a huge responsibility and I am attending camp not as a camper, but as a role model for younger campers. I am willing to give of myself to help children grow and develop and enjoy camp. I submit that all the information on this application is true and complete. I understand that if I do not meet the standards of a responsible counselor, I will be dismissed from my duties.

Signature of Applicant

Date

Parent/Guardian Commitment Statement: As a parent or guardian of the youth completing this application, I understand the necessity to only select individuals who will be the most committed to the Valdosta-Lowndes County Family YMCA Summer Day Camp Program. I will, to the best of my ability, support and encourage this youth to uphold their commitment to the Valdosta YMCA if selected.

Signature of Parent/Guardian

Date

Thanks for applying!

In order to be accepted into the CIT program you must turn in the CIT Code of Conduct and completed CIT Application no later than May 25th, 2022 to the YMCA on Gornto Road.

After we've received your CIT Application, we will call you for an interview. If you have any questions, please contact Randy Gaytan at (229) 244-4646 or rgaytan@valdostaymca.com

Our Mission: To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.

Financial Assistance: The Valdosta-Lowndes County Family YMCA makes every reasonable effort to ensure that no person, especially youth, will be denied access to programs and membership because of financial hardship.





Valdosta-Lowndes County Family YMCA CIT Code of Conduct

Applicant Name: _____

Character Development is a critical part of the Valdosta YMCA's Summer Program. Your participation in the Counselor In Training Program will carry the responsibility of exhibiting behavior that reflects the positive core values of honesty, respect, responsibility and caring. The following guidelines are not exhaustive:

I agree to:

- Exhibit good character and responsibility at all times to participate fully in all camp programs.
- Treat all people and property with respect and courtesy by avoiding put-downs, insults, name calling, swearing, sarcasm and other language or nonverbal conduct likely to offend, hurt or set a bad example.
- Avoid public displays of affection or sexual conduct of any kind.
- Use good manners, dress appropriately and not wear clothing that may be offensive or disrespectful to others (clothing advertising tobacco, alcohol or drugs are not permitted).
- Practice fair-mindedness by being open to ideas, suggestions and opinions of others.
- Obey laws and rules as an obligation of being a good role model and not practice double standards.
- Accept responsibility for the proper treatment and care for other youth and adults, animals, the environment, the program facilities and equipment.
- Not possess or use: drugs alcohol, tobacco, firearms, fireworks, knives, and other items deemed dangerous during camp.

I understand that if I do not follow the above code of conduct I may expect:

- To explain my actions to the Camp Directors
- An Unacceptable Behavior Notification sent to my parent/guardian
- To be dismissed from camp and sent home early at my parent/guardian's expense
- If applicable, further disciplinary action as determined by the Camp Directors, which may include becoming ineligible to participate in further Valdosta YMCA activities.

I have read, understand and agree to abide by all responsibilities and guidelines contained in the Valdosta YMCA CIT Program Code of Conduct.

Applicant Signature: _____

Date: _____

Parent/Guardian Signature: _____

Date: _____